

DOUG LYLE

Terisha Tatter
Lift Total Wellness Pilates and Massage Therapy
5885 Glenridge Drive, Suite 100
Sandy Springs, GA 30328

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Dear Terisha,

I've been seeing you for a few months and I have really appreciated your patient coaching approach as you look for ways to provide relief from my chronic back pain. You have helped me rethink my approach to staying healthy and I can see progress both in how I think about my health and a reduction in back pain. Your positive attitude and enthusiasm for your work are a real encouragement to me.

Thank you Terisha!

Doug Lyle